



# HIMALAYA TREKKERS

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## SINGALILA PASS & PHOKTEY DARA TREK

We organise Singalila Pass & Phoktey Dara trek during Spring/Summer (April - May) and in Post Monsoon/Fall/Winter (October to January). The trip itinerary is of 7 days from NJP to NJP including 5 days of trekking to Phoktey Dara and Singalila inside Barsey Rhododendron Sanctuary, West Sikkim. For latest Fixed Departure Trek Schedule please check:

<https://himalayatrekker.com/fixed-departure-treks/>

**\*\*\*Trekks need to reach on their own to NJP/Siliguri/Bagdogra on Day 1 (by 10 am latest) or the previous night. Arrange your return from NJP/Siliguri/Bagdogra on Day 7 evening (after 6 pm) or later\*\*\***



### **The Trek Highlights:**

**Length:** 7 days; NJP to NJP. 5 days of trekking. Hilley and Barsey to Singalila Pass and then return to Uttarey, entirely in West Sikkim around 50 Km.

**Access:** New Jalpaiguri (NJP) is well connected by train from New Delhi and Kolkata. Nearest airport is Bagdogra, 10 Km from Siliguri. Connecting flights to New Delhi and Kolkata are available. The trek base Hilley is 150 Km from NJP railway station. Uttarey, the trek end point is around 170 Km from NJP.

**Highest Point:** Singalila Pass ~ 3700 m/12150ft; Phoktey Dara ~ 3500m/11500ft

**Grade:** Easy

**Seasons:** March to May and October to January

**Further Options:** From Singalila Pass, descent to Phalut in West Bengal via Toriphuley and then move out via Gorkhey and Srikhola.

### **About Singalila Pass and Phoktey Dara Trek:**

The Beautiful trail runs through the pristine forest with panoramic view of High Nepal/Sikkim Himalayan ranges. Singalila Pass and Phoktey Dara - the two spurs offer majestic views of gigantic massif of Kanchendzongha range in the famous "Sleeping Buddha" formation. On a clear day, 4 out of the 5 highest peaks in the world, Mt. Everest, Kanchendzongha, Lhotse and Makalu are distinctly visible. The floral character of the Barsey Rhododendron Sanctuary changes from Montane Wet Temperate, Mixed Coniferous, Sub-alpine Birch-Fir and Conifer to Moist Dry Alpine Scrub (Rhododendron and Juniper scrubs) in varying altitude. Spreading across an area of 104 Square Km, this sanctuary is home to endangered Red Panda, Barking Deer (Kakar), Himalayan Black Bear, Marbled Cat and many other mammal species. For amateur and experienced photographers the route is bountiful of wild life, flowers, panorama and certainly the Himalayan ranges and peaks. This is indeed a must trek for Himalayan nature lover, botanist and birders.

### **Access to Hilley (The trek base) and return from Uttarey:**

*Depending upon the trek members we will arrange a Jeep pickup from NJP/Bagdogra to Hilley and from Uttarey to NJP back. This will be shared equally by the team members and is approximately around ₹ 5000 one way. One such Jeep can accommodate 6 to 8 people.*

New Jalpaiguri (NJP) is well connected by train from New Delhi and Kolkata. There are several overnight trains from Kolkata to NJP. Nearest airport is Bagdogra which is 10 Km from Siliguri. Connecting flights to New Delhi and Kolkata are available.

If any trekker wants to reach Hilley by public vehicle then the options are:

1) There is no shared Jeep service to Hilley. From Siliguri, opposite to SNT (Sikkim Nationalised Transport) Bus Depot, take a shared Jeep till Jorethang. From here reserve a Jeep till Hilley.

2) While returning from Uttarey you can book a seat in the shared vehicle which leaves for Jorethang by 6 am in the morning. From Jorethang you will get vehicle for Siliguri till 3 pm.

**Brief Trip Itinerary:** For detailed itinerary, route information, getting to trek base, pictures and more please check the following link:

<https://himalayatrekker.com/singalila-pass-phoktey-dara-trek>

\*\*\*Trekking need to reach on their own to NJP/Siliguri/Bagdogra on Day 1 (by 10 am latest) or the previous night. Arrange your return from NJP/Siliguri/Bagdogra on Day 7 evening (after 6 pm) or later\*\*\*

DAY 1: From NJP/Bagdogra to Hilley by car - 150 Km - 8 hours

DAY 2: Trek from Hilley to Barsey- 4.5 Km - 2/3 hours

DAY 3: Trek to Joributey via Deolinga Dhap - 12 Km - 6/7 hrs

DAY 4: Trek to Kharka Dara/Kalijhar via Thulo Dhap - 12 Km - 6/7 hrs



DAY 5: Trek to Phoktey Dara and Singalila Pass and back to Thulodhap via Kalijhar - 10 km - 6/7 hours

DAY 6: Trek to Uttarey via Achaley - 12 Km - 6/7 hours

DAY 7: Drive from Uttarey to NJP - 170 Km - 8 hours or Drive to Gangtok - 6/7 hours.

\*\*\* Arrange your return ticket from NJP/Siliguri after 6 pm on Day 7 or later \*\*\*

## **Cost & Services for Fixed Departure Treks:**

**TREK FEE: ₹ 11800 per person (Hilley to Uttarey) + 5% GST**

### **Inclusions:**


- One night accommodation (Day 1) at Hilley in Tourist lodge/Eco Huts on sharing basis and dinner.
- All meals during the trek. Regular Indian style nutritious vegetarian food during the trek (including occasional eggs), breakfast packed/hot lunch (depending upon the time you reach a campsite), snacks, dinner along with coffee/tea/soup.
- Experienced and professional Trekking Guide(s). He will be a local to this particular area having sound knowledge of the trekking trail.
- Specialised Cook, Support staff and Porters for carrying the central logistics of the trek.
- All Permit fee, Camping charges, Forest levy required inside the Barsey Rhododendron Sanctuary.
- Camping in tents (3 persons dome or ridge shaped tents) during the trek.
- One night accommodation at Uttarey (Day 6) in tourist rest house/lodge on sharing basis and dinner.
- Sleeping Mattress and Sleeping Bag (If you have your personal sleeping bag for high altitude trek, we advise to bring the same for hygienic reason)
- Kitchen tent/Dining tent/Toilet tent as required.
- Basic Medicines and First Aid kit.
- Accidental Insurance Policy covering high altitude trekking tours (For Indian nationals it is included in the TREK FEE, up to 60 years of age). It covers your trek as well as your return journey to NJP/Bagdogra.


### **Exclusions:**


- Transportation from NJP/Bagdogra to Hilley and return from Uttarey.
- We assume that you will carry your personal Rucksack/Backpack with all your personal belongings. If you want to offload your Rucksack and carried by our Pack Animal/Porter then you need to pay additional ₹ 2500 for the entire duration of the trek. The Rucksack should not weigh more than 10Kg.
- Still/Video Camera charges inside the Barsey Rhododendron Sanctuary.
- Any tip/gratuity to the HT supports staff. If you are happy with the service, please tip them generously.
- Any cost which is not mentioned in the "Inclusions" or personal in nature.

### **Contact us:**

Please send your email enquiries to: [info@himalayatrekker.com](mailto:info@himalayatrekker.com)

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